

POWER FOR THE HOUR

Bible Verses to Memorize, Meditate on, and Live Out Daily



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A discipleship memorization booklet

Publishing Note

This booklet is prepared as a discipleship memorization resource for personal study, meditation, and daily practice.

Scripture passages are presented as provided in the manuscript.

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*“Your word I have hidden in my heart,
that I might not sin against You.”*

Psalm 119:11

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Preface

Every disciple will face an hour when emotion is not enough, memory is not enough, good intentions are not enough, and religious language is not enough. There will be moments when temptation speaks loudly, fear presses heavily, weakness feels near, decisions must be made quickly, and the soul must choose whether to stand on truth or surrender to feelings.

That is why the Word of God must not merely be near us. It must be in us.

Power for the Hour was created as a simple but powerful discipleship tool for believers who want the Word of God hidden in their hearts, ready on their lips, and active in their daily walk with Jesus. This booklet is not meant to be read once and placed on a shelf. It is meant to be used, memorized, spoken, prayed, meditated on, and lived.

The Scriptures gathered here have been arranged around the real needs of the Christian life: salvation, faith, prayer, healing, love, forgiveness, witnessing, obedience, strength, protection, supply, overcoming the devil, fearlessness, humility, unity, discipleship, and many other foundations every believer must know. These are not random verses. They are weapons, anchors, reminders, instructions, promises, and spiritual food.

A disciple who does not know the Word will always be vulnerable to confusion. But a disciple who carries the Word in his heart carries light in darkness, wisdom in uncertainty, strength in weakness, and truth in the face of lies. Jesus said, “Man shall not live by bread alone, but by every word that proceeds from the mouth of God.” That means the Word is not optional nourishment. It is daily life.

As you go through this booklet, do not rush. Read the verses slowly. Speak them aloud. Memorize them. Meditate on them. Let them correct your thinking, strengthen your faith, shape your decisions, and train your mouth to agree with God. Let the Word become your first response, not your last resort.

There will come an hour when you need strength. There will come an hour when you need courage. There will come an hour when you need wisdom, healing, faith, boldness, comfort, or direction. When that hour comes, the disciple must not be empty. The disciple must have power.

And that power is found in the living Word of God.

Introduction

Welcome to Power for the Hour: Bible Verses to Memorize, Meditate On, and Live Out Daily.

Every disciple will face moments that demand more than good intentions. There will be hours of temptation, fear, weakness, decision, suffering, prayer, witnessing, and spiritual pressure. In those moments, the believer does not need empty religious language. He needs the living Word of God hidden in his heart, ready on his lips, and active in his daily walk with Jesus.

This booklet was created to help disciples memorize, meditate on, speak, and live out the Word of God. The verses gathered here are not random passages. They are foundations for faith, anchors for the soul, weapons against darkness, reminders of God's promises, and instructions for walking in obedience, courage, love, wisdom, and power.

As disciples of Jesus, we must allow the Word to become more than printed words on a page. The Word must become the bedrock of our convictions, the compass of our choices, and the strength we draw from in times of need. Scripture must shape the way we think, the way we speak, the way we pray, the way we respond, and the way we live.

Each verse in this booklet is a light in darkness and a reminder of the truth we stand upon. Through the discipline of memorization and meditation, we give the Word room to take root in our hearts. And as the Word takes root, it begins to renew the mind, strengthen faith, correct wrong thinking, and train the believer to walk in agreement with Christ.

Do not rush through these pages. Read the verses slowly. Speak them aloud. Memorize them. Meditate on them. Let them become part of your daily life. Whether you are facing trials or celebrating victories, let the Word guide you, strengthen you, and empower you to live out your faith boldly.

When the hour comes, the disciple must have power.

And that power is found in the living Word of God.

SALVATION

John 1:12 But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.

John 3:3 Jesus answered and said to him, “Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God.”

John 3:16 For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

John 3:36 He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him.

John 6:37 All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out.

John 10:28 And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.

John 14:6 Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through Me.

Acts 16:31 So they said, “Believe on the Lord Jesus Christ, and you will be saved, you and your household.”

Romans 3:23 for all have sinned and fall short of the glory of God.

Romans 6:23 For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Romans 10:9,10 If you confess with your mouth the Lord Je-sus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

Ephesians 2:8,9 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.

Titus 3:5a not by works of righteousness which we have done, but according to His mercy He saved us,

1 John 5:12,13 He who has the Son has life; he who does not have the Son of God does not have life. These things I have written to you who believe in the name of the Son of God, that you may know that you have eternal life, and that you may continue to believe in the name of the Son of God.

JESUS CHRIST, THE SON OF GOD

Isaiah 9:6 For unto us a Child is born, unto us a Son is given; And the government will be upon His shoulder. And His name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace.

John 1:1,14 In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth.

John 3:17 For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.

John 10:11 I am the good shepherd. The good shepherd gives His life for the sheep.

John 15:13 Greater love has no one than this, than to lay down one's life for his friends.

Acts 10:38 how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.

Romans 5:8 But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

THE HOLY SPIRIT

Luke 11:13 If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!"

John 7:38,39a He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water. But this He spoke concerning the Spirit, whom those believing in Him would receive

John 14:26 But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

John 16:13 However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.

Acts 1:8 But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.

Acts 2:17,18 And it shall come to pass in the last days, says God, that I will pour out of My Spirit on all flesh; Your sons and your daughters shall prophesy, Your young men shall see visions, Your old men shall dream dreams. And on My menservants and on My maidservants I will pour out My Spirit in those days; And they shall prophesy.

Acts 4:31b and they were all filled with the Holy Spirit, and they spoke the word of God with boldness.

Acts 5:32 And we are His witnesses to these things, and so also is the Holy Spirit whom God has given to those who obey Him.

Acts 19:2,6 he said to them, "Did you receive the Holy Spirit when you believed?" So they said to him, "We have not so much as heard whether there is a Holy Spirit."

And when Paul had laid hands on them, the Holy Spirit came upon them, and they spoke with tongues and prophesied.

2 Corinthians 3:17 Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty.

THE WORD OF GOD

Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Job 23:12b I have treasured the words of His mouth more than my necessary food.

Psalms 119:11 Your word I have hidden in my heart, that I might not sin against You.

Psalms 119:89 Forever, O Lord, Your word is settled in heaven.

Psalms 119:105 Your word is a lamp to my feet and a light to my path.

Jeremiah 15:16a Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart;

Matthew 4:4 But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

Matthew 24:35 Heaven and earth will pass away, but my words will not pass away.

John 6:63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.

John 8:31,32 Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free."

Romans 10:17 So then faith comes by hearing, and hearing by the word of God.

1 Corinthians 10:11 Now all these things happened to them as examples, and they were written for our admonition, upon whom the ends of the ages have come.

2 Timothy 2:15 Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.

2 Timothy 3:16 All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness,

1 Peter 2:2 as newborn babes, desire the pure milk of the word, that you may grow thereby,

2 Peter 1:21 for prophecy never came by the will of man, but holy men of God spoke as they were moved by the Holy Spirit.

PRAYER

Psalms 66:18,19 If I regard iniquity in my heart, The Lord will not hear. But certainly God has heard me; He has attended to the voice of my prayer.

Jeremiah 29:13 And you will seek Me and find Me, when you search for Me with all your heart.

Jeremiah 33:3 ‘Call to Me, and I will answer you, and show you great and mighty things, which you do not know.’

Matthew 7:7,8 Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

Matthew 18:19 Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven.

Mark 11:23,24 For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

John 16:23b Whatever you ask the Father in My name He will give you.

James 1:6,7 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord;

James 4:2b Yet you do not have because you do not ask.

1 John 3:22 And whatever we ask we receive from Him, because we keep His commandments and do those things that are pleasing in His sight.

1 John 5:14b If we ask anything according to His will, He hears us.

Psalms 116:1,2 I love the Lord, because He has heard My voice and my supplications. Because He has inclined His ear to me, Therefore I will call upon Him as long as I live.

Isaiah 30:19b He will be very gracious to you at the sound of your cry; when He hears it, He will answer you.

Isaiah 65:24 It shall come to pass That before they call, I will answer; And while they are still speaking, I will hear.

Psalms 91:15a He shall call upon Me, and I will answer him;

Matthew 6:6b and your Father who sees in secret will reward you openly.

Matthew 18:19,20 Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.

John 15:7 If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

John 14:14 If you ask anything in My name, I will do it.

Hebrews 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

FAITH

Proverbs 3:5 Trust in the Lord with all your heart, and lean not on your own understanding;

Matthew 9:29b “According to your faith let it be to you.”

Mark 9:23 Jesus said to him, “If you can believe, all things are possible to him who believes.”

Romans 4:20,21 He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform.

Romans 10:17 So then faith comes by hearing, and hearing by the word of God.

2 Corinthians 5:7 For we walk by faith, not by sight.

Hebrews 10:35 Therefore do not cast away your confidence, which has great reward.

Hebrews 10:38a Now the just shall live by faith;

Hebrews 11:1,6 Now faith is the substance of things hoped for, the evidence of things not seen. But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

1 John 5:4b And this is the victory that has overcome the world—our faith.

James 1:6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.

James 2:26 For as the body without the spirit is dead, so faith without works is dead also.

Matthew 9:29b According to your faith let it be to you.

Romans 14:23b for whatever is not from faith is sin.

HEALING

Exodus 15:26b I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you.

Psalms 34:19 Many are the afflictions of the righteous, but the Lord delivers him out of them all.

Psalms 103:3 Who forgives all your iniquities, Who heals all your diseases,

Psalm 107:20 He sent His word and healed them, and delivered them from their destructions.

Isaiah 53:5b bruised for our iniquities; The chastisement for our peace was upon Him, and by His stripe we are healed.

Jeremiah 30:17a ‘For I will restore health to you and heal you of your wounds,’ says the Lord.

Jeremiah 32:27 Behold, I am the Lord, the God of all flesh. Is there anything too hard for Me?

Malachi 4:2a But to you who fear My name The Sun of Righteousness shall arise with healing in His wings;

Matthew 18:19 Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven.

Luke 17:14b And so it was that as they went, they were cleansed.

James 5:14,15 Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

Isaiah 40:29 He gives power to the weak, And to those who have no might He increases strength.

Acts 9:34 And Peter said to him, “Aeneas, Jesus the Christ heals you. Arise and make your bed.” Then he arose immediately.

Matthew 4:23,24 And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people. Then His fame went throughout all Syria; and they brought to Him all sick people who were afflicted with various diseases and torments, and those who were demon-possessed, epileptics, and paralytics; and He healed them.

Matthew 10:1 And when He had called His twelve disciples to Him, He gave them power over unclean spirits, to cast them out, and to heal all kinds of sickness and all kinds of disease.

LOVE

Matthew 7:12 Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.

Matthew 22:37-39 Jesus said to him, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. And the second is like it: ‘You shall love your neighbor as yourself.”

John 13:35 By this all will know that you are My disciples, if you have love for one another.”

John 15:12 This is My commandment, that you love one another as I have loved you.

1 Corinthians 13:8a Love never fails.

1 Corinthians 16:14 Let all that you do be done with love.

1 Peter 4:8 And above all things have fervent love for one another, for “love will cover a multitude of sins.”

1 John 3:16 By this we know love, because He laid down His life for us. And we also ought to lay down our lives for the brethren.

1 John 3:18 My little children, let us not love in word or in tongue, but in deed and in truth.

1 John 4:8 He who does not love does not know God, for God is love.

John 13:34 A new commandment I give to you, that you love one another; as I have loved you, that you also love one another.

John 15:17 These things I command you, that you love one another.

1 John 3:11 For this is the message that you heard from the beginning, that we should love one another,

1 John 3:23 And this is His commandment: that we should believe on the name of His Son Jesus Christ and love one another, as He gave us commandment.

1 John 4:7a Beloved, let us love one another, for love is of God;

FORGIVENESS

Matthew 6:14,15 For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

Ephesians 4:32 And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

1 John 1:9 If we confess our sins, He is faithful and just to for-give us our sins and to cleanse us from all unrighteousness.

1 Peter 4:8b for “love will cover a multitude of sins.”

James 2:13 For judgment is without mercy to the one who has shown no mercy. Mercy triumphs over judgment.

OUR RELATIONSHIP WITH THE LORD

Psalms 111:10a The fear of the Lord is the beginning of wisdom;

Proverbs 8:17 I love those who love me, And those who seek me diligently will find me.

Matthew 11:28-30 Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.”

Matthew 22:37,38 Jesus said to him, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment.”

John 14:23 Jesus answered and said to him, “If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him.”

Romans 7:4 Therefore, my brethren, you also have become dead to the law through the body of Christ, that you may be married to another—to Him who was raised from the dead, that we should bear fruit to God.

2 Corinthians 6:16b “I will dwell in them And walk among them. I will be their God, And they shall be My people.”

Ephesians 5:30 For we are members of His body, of His flesh and of His bones.

James 4:8a Draw near to God and He will draw near to you.

Deuteronomy 6:5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength.

Deuteronomy 10:12 And now, Israel, what does the Lord your God require of you, but to fear the Lord your God, to walk in all His ways and to love Him, to serve the Lord your God with all your heart and with all your soul,

Psalms 27:4 One thing I have desired of the Lord, That will I seek: That I may dwell in the house of the Lord all the days of my life, To behold the beauty of the Lord, And to inquire in His temple.

Psalms 73:25 Whom have I in heaven but You? And there is none upon earth that I desire besides You.

Psalms 143:8a Cause me to hear Your lovingkindness in the morning, For in You do I trust; 2 **John 6** This is love, that we walk according to His commandments. This is the commandment, that as you have heard from the beginning, you should walk in it.

1 John 4:19 We love Him because He first loved us.

John 14:21 He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.

Job 23:12 I have not departed from the commandment of His lips; I have treasured the words of His mouth More than my necessary food.

John 15:10 If you keep My commandments, you will abide in My love, just as I have kept My Father’s commandments and abide in His love.

FELLOWSHIP

Hebrews 10:25 Not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.

Psalms 133:1 Behold, how good and how pleasant it is For brethren to dwell together in unity!

Ecclesiastes 4:9,10 Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, For he has no one to help him up.

Matthew 18:20 For where two or three are gathered together in My name, I am there in the midst of them.”

1 John 1:7a But if we walk in the light as He is in the light, we have fellowship with one another.

WITNESSING

Psalms 126:6 He who continually goes forth weeping, bearing seed for sowing, shall doubtless come again with rejoicing bringing his sheaves with him.

Proverbs 11:30 The fruit of the righteous is a tree of life, and he who wins souls is wise.

Ezekiel 3:17-19 Son of man, I have made you a watchman for the house of Israel; therefore hear a word from My mouth, and give them warning from Me: When I say to the wicked, ‘You shall surely die,’ and you give him no warning, nor speak to warn the wicked from his wicked way, to save his life, that same wicked man shall die in his iniquity; but his blood I will require at your hand. Yet, if you warn the wicked, and he does not turn from his wickedness, nor from his wicked way, he shall die in his iniquity; but you have delivered your soul.

Daniel 12:3 Those who are wise shall shine Like the brightness of the firmament, And those who turn many to righteousness Like the stars forever and ever.

Matthew 4:19 Then He said to them, “Follow Me, and I will make you fishers of men.”

Matthew 5:14-16 You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

Matthew 9:37,38 Then He said to His disciples, “The harvest truly is plentiful, but the laborers are few. Therefore pray the Lord of the harvest to send out laborers into His harvest.”

Mark 8:38 For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.

Mark 16:15 And He said to them, “Go into all the world and preach the gospel to every creature.”

John 15:16a You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain.

1 Corinthians 9:16 For if I preach the gospel, I have nothing to boast of, for necessity is laid upon me; yes, woe is me if I do not preach the gospel!

2 Timothy 2:23 But avoid foolish and ignorant disputes, knowing that they generate strife.

1 Peter 3:15b Always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;

GIVING

Proverbs 3:27,28 Do not withhold good from those to whom it is due, when it is in the power of your hand to do so. Do not say to your neighbor, “Go, and come back, And tomorrow I will give it,” When you have it with you.

Proverbs 11:24,25 There is one who scatters, yet increases more; And there is one who withholds more than is right, But it leads to poverty. The generous soul will be made rich, And he who waters will also be watered himself.

Proverbs 19:17 He who has pity on the poor lends to the Lord, And He will pay back what he has given.

Malachi 3:10 “Bring all the tithes into the storehouse, That there may be food in My house, And try Me now in this,” Says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing. That there will not be room enough to receive it.”

Luke 6:38 Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you.”

Acts 20:35b It is more blessed to give than to receive.

2 Corinthians 9:6,7 But this I say: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver.

1 John 3:17,18 But whoever has this world’s goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him? My little children, let us not love in word or in tongue, but in deed and in truth.

HOW TO FIND THE WILL OF GOD

Psalms 32:8 I will instruct you and teach you in the way you should go; I will guide you with My eye.

Psalm 119:130 The entrance of Your words gives light; It gives understanding to the simple.

Psalm 143:8b Cause me to know the way in which I should walk, For I lift up my soul to You.

Proverbs 3:6 In all your ways acknowledge Him, And He shall direct your paths.

Proverbs 15:22 Without counsel, plans go awry, But in the multitude of counselors they are established.

Isaiah 30:21 Your ears shall hear a word behind you, saying, "This is the way, walk in it," Whenever you turn to the right hand or whenever you turn to the left.

Luke 22:42 saying, "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done."

Romans 12:1,2 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

OBEDIENCE TO GOD

1 Samuel 15:22 So Samuel said: "Has the Lord as great delight in burnt offerings and sacrifices, as in obeying the voice of the Lord? Behold, to obey is better than sacrifice, and to heed than the fat of rams.

Job 36:11 If they obey and serve Him, they shall spend their days in prosperity, And their years in pleasures.

Isaiah 1:19,20 If you are willing and obedient, You shall eat the good of the land; But if you refuse and rebel, You shall be devoured by the sword.

Luke 6:46 "But why do you call Me 'Lord, Lord,' and not do the things which I say?"

John 13:17 If you know these things, blessed are you if you do them.

John 14:15 "If you love Me, keep My commandments.

John 15:14 You are My friends if you do whatever I command you.

Ephesians 6:6 not with eyeservice, as men-pleasers, but as bondservants of Christ, doing the will of God from the heart,

Hebrews 5:8 though He was a Son, yet He learned obedience by the things which He suffered.

STRENGTH AND POWER

Nehemiah 8:10b Do not sorrow, for the joy of the Lord is your strength."

Psalm 37:39 But the salvation of the righteous is from the Lord; He is their strength in the time of trouble.

Isaiah 30:7b Therefore I have called her Rahab-Hem-Shebeth.

Isaiah 30:15b “In returning and rest you shall be saved; In quietness and confidence shall be your strength.”

Isaiah 40:29 He gives power to the weak, and to those who have no might He increases strength.

Isaiah 40:31 But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Jeremiah 17:5 Thus says the Lord: “Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the Lord.

Zechariah 4:6b Not by might nor by power, but by My Spirit,’ Says the Lord of hosts.

2 Corinthians 12:9,10b And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. For when I am weak, then I am strong.

Ephesians 6:10 Finally, my brethren, be strong in the Lord and in the power of His might.

Philippians 4:13 I can do all things through Christ who strengthens me.

PROTECTION

Exodus 14:14 The Lord will fight for you, and you shall hold your peace.

Psalm 34:7 The angel of the Lord encamps all around those who fear Him, And delivers them.

Psalm 34:17 The righteous cry out, and the Lord hears, And delivers them out of all their troubles.

Psalm 46:1,2 God is our refuge and strength, a very present help in trouble. Therefore we will not fear, Even though the earth be removed, and though the mountains be carried into the midst of the sea;

Proverbs 1:33 But whoever listens to me will dwell safely, And will be secure, without fear of evil.”

Proverbs 18:10 The name of the Lord is a strong tower; The righteous run to it and are safe.

Isaiah 43:2 When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch you. (See Psalm 91 - The “Protection Psalm”)

SUPPLY

Psalm 23:1 The Lord is my shepherd; I shall not want.

Psalm 34:10 The young lions lack and suffer hunger; But those who seek the Lord shall not lack any good thing.

Psalm 37:3 Trust in the Lord, and do good; Dwell in the land, and feed on His faithfulness.

Psalm 37:25 I have been young, and now am old; Yet I have not seen the righteous forsaken, Nor his descendants begging bread.

Psalm 68:19a Blessed be the Lord, Who daily loads us with benefits, The God of our salvation!

Psalm 84:11b No good thing will He withhold From those who walk uprightly.

Matthew 6:25,26 “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they nei-ther sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?

Matthew 6:33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Matthew 7:9-11 Or what man is there among you who, if his son asks for bread, will give him a stone? Or if he asks for a fish, will he give him a serpent? If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!

Romans 8:32 He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?

Philippians 4:19 And my God shall supply all your need according to His riches in glory by Christ Jesus. TRIALS, TEMPTATIONS AND TRIBULATIONS

Matthew 26:41 Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.

1 Corinthians 10:13 No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

2 Timothy 2:3 You therefore must endure hardship as a good soldier of Jesus Christ.

Hebrews 12:2,3 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.

James 1:3 knowing that the testing of your faith produces patience.

1 Peter 1:7 that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ,

2 Peter 2:9a The Lord knows how to deliver the godly out of temptations.

SUFFERING

Romans 8:18 For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

Romans 8:28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

2 Corinthians 4:17 For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory.

2 Timothy 2:12 If we endure, we shall also reign with Him. If we deny Him, He also will deny us.

1 Peter 4:19 Therefore let those who suffer according to the will of God commit their souls to Him in doing good, as to a faithful Creator.

COMFORT

Psalms 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

Psalms 119:50 This is my comfort in my affliction, For Your word has given me life.

Psalms 145:14 The Lord upholds all who fall, and raises up all who are bowed down.

Psalms 147:3 He heals the brokenhearted and binds up their wounds.

Matthew 5:4 Blessed are those who mourn, for they shall be comforted.

John 14:1 Let not your heart be troubled; you believe in God, believe also in Me.

John 14:18 I will not leave you orphans; I will come to you.

2 Corinthians 1:4 who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God.

Hebrews 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

Hebrews 13:5b be content with such things as you have. For He Himself has said, "I will never leave you nor forsake you."

1 Peter 5:7 casting all your care upon Him, for He cares for you.

Revelations 21:4 And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.”

OVERCOMING THE DEVIL

Isaiah 59:19b When the enemy comes in like a flood, the Spirit of the Lord will lift up a standard against him.

2 Corinthians 2:11 lest Satan should take advantage of us; for we are not ignorant of his devices.

2 Corinthians 10:3-5 For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Ephesians 4:27 nor give place to the devil.

Ephesians 6:11,12 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Ephesians 6:16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.

James 4:7b Resist the devil and he will flee from you.

1 Peter 5:8,9a Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith.

1 John 2:14b I have written to you, young men, because you are strong, and the word of God abides in you, and you have overcome the wicked one.

1 John 3:8b For this purpose the Son of God was manifested, that He might destroy the works of the devil.

1 John 4:4b He who is in you is greater than he who is in the world.

FEAR NOT

Psalms 27:1 The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid?

Psalms 34:4 I sought the Lord, and He heard me, and delivered me from all my fears.

Psalms 56:3 Whenever I am afraid, I will trust in You.

Psalms 56:11 In God I have put my trust; I will not be afraid. What can man do to me?

Psalm 118:6 The Lord is on my side; I will not fear. What can man do to me?

Proverbs 29:25 The fear of man brings a snare, but whoever trusts in the Lord shall be safe.

Isaiah 12:2a Behold, God is my salvation, I will trust and not be afraid;

Isaiah 26:3 You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

John 14:27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

1 John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

THANKFULNESS

Psalm 34:1 I will bless the Lord at all times; His praise shall continually be in my mouth.

Psalm 107:8 Oh, that men would give thanks to the Lord for His goodness, and for His wonderful works to the children of men!

1 Thessalonians 5:18 in everything give thanks; for this is the will of God in Christ Jesus for you. PRIDE, SELF-RIGHTEOUSNESS, AND HUMILITY

Proverbs 11:2 When pride comes, then comes shame; But with the humble is wisdom.

Proverbs 16:18 Pride goes before destruction, And a haughty spirit before a fall.

Matthew 23:12 And whoever exalts himself will be humbled, and he who humbles himself will be exalted.

Luke 6:41,42b And why do you look at the speck in your brother's eye, but do not perceive the plank in your own eye? Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck that is in your brother's eye.

2 Corinthians 10:17 But "he who glories, let him glory in the Lord."

Philippians 2:3 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. 1 Peter 5:5b,6 for "God resists the proud, But gives grace to the humble." Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time.

THE POWER OF THE TONGUE

Psalm 19:14 Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my Redeemer.

Psalm 35:28 And my tongue shall speak of Your righteousness and of Your praise all the day long.

Proverbs 16:24 Pleasant words are like a honeycomb, sweet-ness to the soul and health to the bones.

Proverbs 17:27 He who has knowledge spares his words, and a man of understanding is of a calm spirit.

Proverbs 18:21a Death and life are in the power of the tongue,

Proverbs 29:11 A fool vents all his feelings, but a wise man holds them back.

Matthew 12:34b For out of the abundance of the heart the mouth speaks.

Matthew 12:36,37 But I say to you that for every idle word men may speak, they will give account of it in the day of judgment. For by your words you will be justified, and by your words you will be condemned.”

Ephesians 4:29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.

2 Timothy 2:16 But shun profane and idle babblings, for they will increase to more ungodliness.

2 Timothy 2:24 And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient,

James 1:19 So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;

James 1:26 If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless.

UNITY

Psalm 133:1 Behold, how good and how pleasant it is for brethren to dwell together in unity!

Ecclesiastes 4:9,10,12 Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up. Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken.

Amos 3:3 Can two walk together, unless they are agreed?

Romans 12:5 so we, being many, are one body in Christ, and individually members of one another.

Romans 14:19 Therefore let us pursue the things which make for peace and the things by which one may edify another.

Romans 16:17 Now I urge you, brethren, note those who cause divisions and offenses, contrary to the doctrine which you learned, and avoid them.

1 Corinthians 1:10 Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment.

Ephesians 4:3 endeavoring to keep the unity of the Spirit in the bond of peace.

DISCIPLESHIP

Matthew 4:19 Then He said to them, “Follow Me, and I will make you fishers of men.”

Matthew 6:24 “No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.”

Matthew 12:50 For whoever does the will of My Father in heaven is My brother and sister and mother.”

Matthew 19:29 And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name’s sake, shall receive a hundredfold, and inherit eternal life.

Luke 9:23,24 Then He said to them all, “If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will save it.”

Luke 9:26 For whoever is ashamed of Me and My words, of him the Son of Man will be ashamed when He comes in His own glory, and in His Father’s, and of the holy angels.

John 8:31b “If you abide in My word, you are My disciples indeed.

John 15:8 By this My Father is glorified, that you bear much fruit; so you will be My disciples.

2 Timothy 2:4 No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier.

THE CHRISTIAN'S RELATIONSHIP WITH THE WORLD

Matthew 10:16 Behold, I send you out as sheep in the midst of wolves. Therefore be wise as serpents and harmless as doves.

John 15:9 As the Father loved Me, I also have loved you; abide in My love.

Romans 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

2 Corinthians 6:14 Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with law-lessness? And what communion has light with darkness?

2 Corinthians 6:17 Therefore “Come out from among them And be separate, says the Lord. Do not touch what is unclean, And I will receive you.”

James 4:4 Adulterers and adulteresses! Do you not know that friendship with the world is enmity with God? Whoever therefore wants to be a friend of the world makes himself an enemy of God.

1 John 2:15,16 Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world.

PERSECUTION

Matthew 5:10-12 Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

Matthew 10:23a When they persecute you in this city, flee to another.

John 15:18 If the world hates you, you know that it hated Me before it hated you.

John 15:20 Remember the word that I said to you, ‘A servant is not greater than his master.’ If they persecuted Me, they will also persecute you. If they kept My word, they will keep yours also.

John 16:2b yes, the time is coming that whoever kills you will think that he offers God service.

Philippians 1:29 For to you it has been granted on behalf of Christ, not only to believe in Him, but also to suffer for His sake,

2 Timothy 3:12 Yes, and all who desire to live godly in Christ Jesus will suffer persecution.

BACKSLIDING

Psalms 37:31 The law of his God is in his heart; None of his steps shall slide.

Proverbs 13:15b But the way of the unfaithful is hard.

Proverbs 14:14a The backslider in heart will be filled with his own ways,

2 Timothy 4:10a for Demas has forsaken me, having loved this present world, and has departed for Thessalonica.

Hebrews 10:38 Now the just shall live by faith; But if anyone draws back, My soul has no pleasure in him.

Hebrews 11:15 And truly if they had called to mind that country from which they had come out, they would have had opportunity to return.

2 Peter 2:20-22 For if, after they have escaped the pollutions of the world through the knowledge of the Lord and Savior Jesus Christ, they are again entangled in them and overcome, the latter end is worse for them than the beginning. For it would have been better for them not to have known the way of righteousness, than having known it, to turn from the holy commandment delivered to them. But it has happened to them according to the true proverb: "A dog returns to his own vomit," and, "a sow, having washed, to her wallowing in the mire."

CHRISTIANITY IN CRISIS

Matthew 15:8,9 These people draw near to Me with their mouth, And honor Me with their lips, But their heart is far from Me. And in vain they worship Me, teaching as doctrines the commandments of men.

Matthew 22:29 Jesus answered and said to them, You are mistaken, not knowing the Scriptures nor the power of God.

Mark 7:9,13 He said to them, "All too well you reject the commandment of God, that you may keep your tradition. making the word of God of no effect through your tradition which you have handed down. And many such things you do."

Acts 7:48 However, the Most High does not dwell in temples made with hands, as the prophet says.

2 Timothy 3:5 having a form of godliness but denying its power. And from such people turn away!

Revelations 3:15,16 I know your works, that you are neither cold nor hot. I could wish you were cold or hot. So then, because you are lukewarm, and neither cold nor hot, I will vomit you out of My mouth. (See Matthew 23 - Jesus rebuking the Scribes and Pharisees)

THE LAW OF CHRIST

Matthew 22:37-40 Jesus said to him, "You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the Law and the Prophets."

John 1:17 For the law was given through Moses, but grace and truth came through Jesus Christ.

Romans 3:28 Therefore we conclude that a man is justified by faith apart from the deeds of the law.

Romans 8:2 For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

Romans 10:4 For Christ is the end of the law for righteousness to everyone who believes.

Romans 13:8b for he who loves another has fulfilled the law.

Galatians 2:21 I do not set aside the grace of God; for if righteousness comes through the law, then Christ died in vain.”

Galatians 3:13a Christ has redeemed us from the curse of the law, having become a curse for us

Galatians 3:24,25 Therefore the law was our tutor to bring us to Christ, that we might be justified by faith. But after faith has come, we are no longer under a tutor.

Galatians 5:1 Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage.

Galatians 5:13 For you, brethren, have been called to liberty; only do not use liberty as an opportunity for the flesh, but through love serve one another.

Galatians 5:14 For all the law is fulfilled in one word, even in this: “You shall love your neighbor as yourself.”

1 Timothy 1:9a knowing this: that the law is not made for a righteous person, but for the lawless and insubordinate,

James 2:10 For whoever shall keep the whole law, and yet stumble in one point, he is guilty of all.

CREATION VS EVOLUTION

Genesis 1:1 In the beginning God created the heavens and the earth.

Acts 14:15b and preach to you that you should turn from these useless things to the living God, who made the heaven, the earth, the sea, and all things that are in them,

Romans 1:20-22,25 For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and Godhead, so that they are without excuse, because, although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened. Professing to be wise, they became fools, who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.

1 Timothy 6:20 Timothy! Guard what was committed to your trust, avoiding the profane and idle babblings and contradictions of what is falsely called knowledge—

2 Timothy 3:7 Always learning and never able to come to the knowledge of the truth.

Hebrews 11:3 By faith we understand that the worlds were framed by the word of God, so that the things which are seen were not made of things which are visible.

A Simple Practice

Read the verse slowly.

Speak it aloud.

Memorize it.

Meditate on it.

Live it out daily.

About the Author



Picture this: It is 1972, and a young couple steps out in faith, not knowing their "yes" to God would spark a 45-year adventure that would touch thousands of lives across multiple continents. That is where Paul Joseph's and his wife Linda's story begins—but it certainly does not end there.

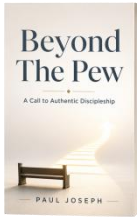
Through scorching African heat and the heart-wrenching realities of Liberian refugee camps, they have lived out what it means to be Christ's hands and feet in our broken world. After two decades in Asia, they spent yet another decade in Africa pouring their lives into these displaced communities, turning a refugee camp into spaces of hope and healing. Their work was not just about providing physical aid—it was about showing people that even in life's darkest hours, God's light still shines.

But Paul's ministry extends beyond the mission field. His pen has become as powerful as his presence, most notably through his transformative work, "Handbook for a Disciple of Jesus." This is not just another Christian living book—it is a practical roadmap for anyone serious about following Jesus and helping others do the same. Think of it as a field manual for modern-day disciples, written by someone who's walked the walk for over four decades.

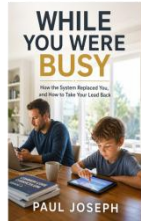
The handbook is just the beginning. Paul's library of books and daily devotionals continues to light the way for believers worldwide, offering practical wisdom forged in the fires of real-world ministry. His writings do not just tell you what to do—they show you how to do it, drawing from frontline experience in disciple-making.

Want to dive deeper into these resources and discover tools for your own spiritual journey? Visit faithwithoutborders.us to explore Paul's complete collection of works and ministry resources.

Other Books by Paul



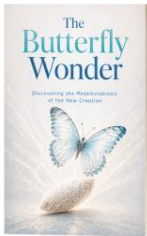
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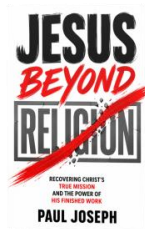
While You Were Busy



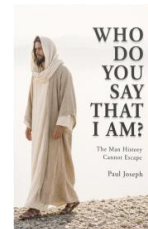
The Handbook for a Disciple of
Jesus



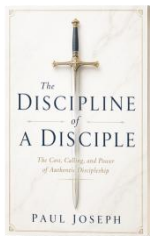
The Butterfly Wonder



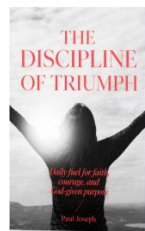
Jesus Beyond Religion



Who Do You Say That I Am



The Discipline of a
Disciple



The Discipline of Triumph



Power for the Hour is a companion for the Christian life, a guide for discipleship, and a source of strength for the journey.



This booklet is more than a collection of Bible verses. It is a spiritual training tool for disciples who want the Word of God hidden in their hearts, ready on their lips, and active in their daily walk with Jesus.

Every believer faces hours that demand more than good intentions – hours of temptation, fear, weakness, decision, suffering, prayer, witnessing, and moments when the soul must stand on truth instead of feelings. In those moments, the disciple does not need empty religious words. He needs the living Word of God stored deep within him as strength, wisdom, courage, and faith.

Power for the Hour calls believers back to a simple but powerful discipline: memorize the Word, meditate on the Word, speak the Word, and live the Word.



When the hour comes, the disciple must have power – and that power is found in the Word of God.

